



University of
Pittsburgh

Student Wellness Team

Dr. Jay Darr



Departments



Campus Recreation
Student Affairs



Student Health Service
Student Affairs

The Student Wellness Team provides culturally responsive care and support to encourage students to pursue well-being and thrive by embracing progress over perfection, striving toward goals, and developing self-efficacy for positive health and growth.



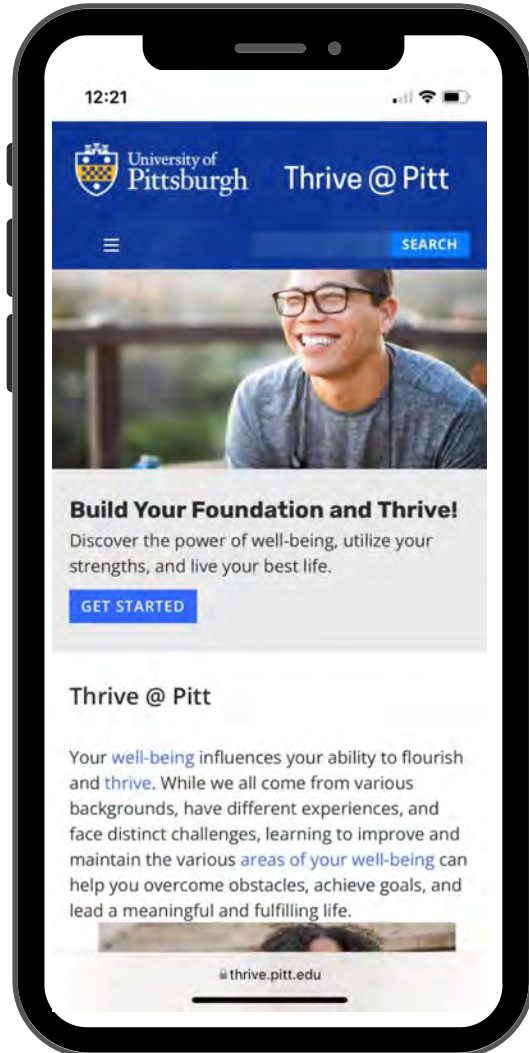
Care and Resource
Support Team
Student Affairs



University
Counseling Center
Student Affairs



Resources



- ☑ Thrive@Pitt: One stop site for resources: thrive.pitt.edu
- ☑ Power of Pitt: COVID info: [Power of Pitt | University of Pittsburgh](https://powerofpitt.org/)
- ☑ [Faculty & Staff Student Support Guide](#)
- ☑ Care & Resource Support Referral: [University of Pittsburgh | Reporting \(maxient.com\)](https://maxient.com/)

Health Insurance

- Available Medical Coverage Plans are on the Human Resources website
 - All graduate and professional students and their dependents are eligible for student health coverage through Pitt
 - Two health plans available:
 - Graduate Student Plan
 - General Student Plan
- Student Health Services (SHS) and University Counseling Center (UCC)
 - Students do not need insurance to visit the SHS and UCC
 - High-quality student health services on campus
- For more information about a plan that works for you, please visit the Resource Fair from 3:30 -4:30 p.m.

School Ombudspersons

Philippa Carter

School Ombudspersons

- Visit our Website: provost.pitt.edu/school-ombuds
- The Ombudspersons at the University of Pittsburgh assist graduate students and postdocs with resolving conflicts and issues that they believe have not or cannot be addressed within their academic department.
- The Ombudsperson can help mediate conflicts and provides information to faculty and students about institutional policies related to the student's issues, including the University's grievance procedures.
- Currently 14 ombudspersons represent their respective schools. Information is posted on a school's website and the Office of the Provost.

The Roles of the Ombudsperson

- Listen to graduate student/postdoc concerns.
- Explain university and school policies.
- Explain the grade appeal process.
- Act as a neutral resource between graduate student/postdoc and a faculty member or an individual with whom the student is experiencing an academic conflict.
- Facilitate communication between and among individuals.
- Counsel faculty to minimize potential conflict.
- Coach graduate students/postdocs on how to talk to faculty and staff.
- Refer individuals to others as appropriate.
- Act as an informal resource to graduate students, postdocs, faculty, and staff.
- Keep information confidential except as required by law or university policy, which includes Title IX issues.
- Work with graduate students/postdocs from another school if a graduate student/postdoc wants to talk to an ombudsperson from a different school. In these situations, the graduate student/postdoc should realize that the ombudsperson will not be familiar with their school/program policies.

The Ombudsperson does not:



- Change grades.
- Change policies.
- Take sides, but rather tries to facilitate a mutual understanding between differing points of view.
- Identify individuals without permission, except as required by law or university policy, which includes Title IX issues.
- Take part in formal grievance processes.

Welcome and Brief Introduction

Laurel Gift
Assistant Vice Chancellor

Office of Compliance, Investigations & Ethics

The mission of the CIE Office is to advance the University's core values by providing advice and support to the Pitt community regarding our commitment to compliance and ethics. We do this by:

- Supporting regulatory compliance across the University;
- Establishing the University Ethics Program;
- Providing fair, balanced and complete investigations when necessary;
- Making training resources available for University members; and
- Collaborating with faculty, students and staff to commit to and incentivize ethical behavior.

The Pitt Concern Connection

Key Messages

- It is important and easy for members of the Pitt community to speak up and ask questions about important issues and concerns.
- Reports can be anonymous, if you'd prefer. In addition to encouraging good faith reports—reports believed to be truthful and accurate—the University protects reporting individuals from retaliation.
- You should use the system to report concerns about many topics and areas, including academic, access and use, employee relations, financial, harassment and violence, NCAA rules, Title IX and Civil Rights, and other violations.

Key Messages

- Reports can be made online, via text messaging, or by call a telephone number that is answered 24/7
- When a report is made or a question asked:
 - It is assigned to the appropriate office and individual to investigate and respond
 - A reporting party can expect follow up within three business days.
- Outcomes of a concern will vary depending on the amount of information provided, the nature of the concern, and the alleged conduct at issue
- All reporting parties are protected from retaliation
- The compliance.pitt.edu website provides additional details, including frequently asked questions

How to Report

- Online: compliance.pitt.edu/make-report
- Call: (800) 468-5768
- Text: (412) 903-3456